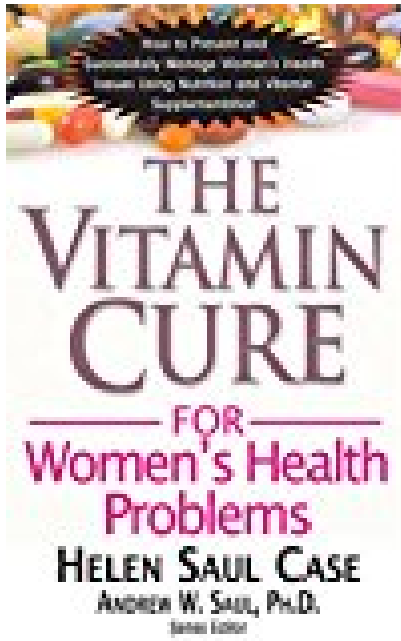


# The Vitamin Cure for Womens Health Problems

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## BOOK DETAILS

- Author : Helen Saul Case
- Pages : 295 Pages
- Publisher : Basic Health Publications, Inc.
- Language : English
- ISBN : 1591202744

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## **BOOK SYNOPSIS**

Women make up 50 percent of the population--but are womens unique health issues really understood and safely handled by modern medicines rush to pharmaceutical answers? Often our doctors miss the mark by giving us just a few minutes of their time and a quick prescription rather than taking the time to look into the reasons why a problem has developed and offering natural, safe solutions. This book highlights some of the most common health concerns of women, and how vitamins and nutrition can help. What you will find in this book is a step-by-step, drugless approach to the specific illnesses we face Written with humor, understanding, and an easy-to-read style. The Vitamin Cure for Womens Health Problems gives straightforward guidance on the serious issues women deal with throughout their lives. It includes useful, natural, and safe solutions for common issues such as premenstrual syndrome (PMS), yeast infections urinary tract and bladder infections, and menopause, to more complex issues such as problems caused by hormonal contraception, sex drive concerns, infertility, and prevention of female cancers of the breast, ovaries, endometrium, and cervix

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