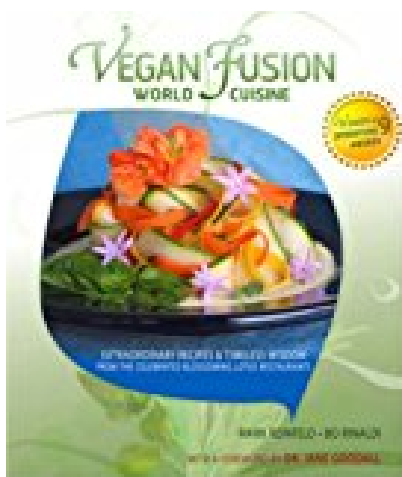


Vegan Fusion World Cuisine Extraordinary Recipes & Timeless Wisdom from the Celebrated Blossoming Lotus Restaurants



BOOK DETAILS

- Author : Mark Reinfeld
- Pages : 256 Pages
- Publisher : Beaufort Books
- Language : English
- ISBN : 0825305845

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BOOK SYNOPSIS

Vegan Fusion World Cuisine, a groundbreaking work that has won five national awards, is a celebration of international gourmet vegan cuisine that introduces us to the simplicity of a vibrant, healthy lifestyle. Much more than a cookbook, this artistic treasure contains stunning food photography, inspiring graphics, natural-food cooking charts and kitchen wisdom for all. A foreword by Dr. Jane Goodall highlights its aim to inspire peace and understanding amongst individuals, cultures and all who care about our planet. Vegan World Fusion Cuisine contains 200+ sumptuous recipes from the award-winning Blossoming Lotus Restaurants, uniting cooking traditions from around the world. Its an all-encompassing guide to health, beauty and an inspired lifestyle. Mark and Bo hope to awaken people to the healing potential within themselves. Beautifully presented recipes that are delicious, fun, easy to prepare, and healthy. Try some and see what happens. Ill bet your body will thank you for the rest of your life. -JOHN ROBBINSI heartily recommend VEGAN WORLD FUSION CUISINE for anyone seeking a healthier, more inspired life. -DEEPAK CHOPRA

VEGAN FUSION WORLD CUISINE EXTRAORDINARY RECIPES & TIMELESS WISDOM FROM THE CELEBRATED BLOSSOMING LOTUS RESTAURANTS -

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